

# EYELID SURGERY

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## **PREOPERATIVE INSTRUCTIONS**

### **GENERAL INFORMATION**

Expect to rest as much as possible after your eyelid surgery for at least 24 hours. You should be able to resume normal activities in a day or two if you are feeling well. Generally, you may expect to return to work in four days.

You may watch TV or read anything after surgery. You may shower after surgery. Avoid pulling on your eyelids and avoid exposure to dirt or dust. If you wear contact lenses, you may resume contact lens wear in two days.

### **PRIOR TO THE DAY OF YOUR SURGERY**

PERSANTINE, GINGKO, ASPIRIN OR ASPIRIN-CONTAINING PRODUCTS should NOT be taken for ten days prior to your surgery since these medications thin the blood and may promote excessive bleeding. If possible, stop smoking the day before surgery. Please make arrangements for transportation home after your surgery.

### **THE NIGHT BEFORE YOUR SURGERY**

Scrub your face with soap and wash your hair with shampoo the evening before your surgery. Wash your face again and remove any facial makeup or creams the day of your surgery. Do not have alcoholic beverages the evening before and for 24 hours after surgery.

### **WHAT TO WEAR**

Wear an old blouse or loose-fitting shirt with buttons or zipper down the front (no tight-fitting clothes.) No pullovers or one-piece outfits. If possible, bring your eyeglasses if you wear contact lenses.

-----CONTACT OUR OFFICE IF YOU HAVE ANY QUESTIONS-----